

Monday

Tuesday

Wednesday

Thursday

Friday



	1
Curry Chix w/ Basmati Rice	41g
WG Roll	12g
Mixed Vegetables	13g
Mixed Fruit Cup	26g

	4
Chicken Nuggets	24g
WG Roll	12g
Vegetarian Baked Beans	30g
Applesauce	17g

	5
Johnny Marzetti	26.5g
WG Breadstick	24g
Broccoli	8g
Pear	25g

	6
WG Pizza Slice	23g
Mixed Green Salad	4g
Apple	18g

	7
Chicken Burrito with WG Tortilla	25g
Corn	19g
Mixed Fruit Cup	26g

	8
Hot Dog on WG Bun	3g
Fries	25g
Fries	33g
Fruit Slushie	22g

	11
BBQ Meatballs In a WG Bun	28g
Fries	33g
Fruit Cup	21g

	12
Chicken Patty on a WG Bun	13g
Vegetarian Baked Beans	16g
Applesauce	30g
Applesauce	22g

	13
WG Pizza Slice	23g
Mixed Green Salad	4g
Apple	18g

	14
Chicken Burrito with WG Tortilla	25g
Corn	19g
Mixed Fruit Cup	26g

	15
Spaghetti	28g
Corn Muffin	24g
Green Beans	6g
Fruit Cup	21g

	18
Sloppy Joe WG Bun	32g
Vegetarian Baked Beans	30g
Applesauce	17g

	19
Macaroni & Cheese	31g
Breadstick	16g
Broccoli	8g
Pear	25g

	20
WG Pizza Slice	23g
Mixed Green Salad	4g
Apple	18g

	21
Chicken Burrito with WG Tortilla	25g
Corn	19g
Mixed Fruit Cup	26g

	22
Chicken Drumstick	6g
WG Roll	12g
Spinach Salad	4g
Fruit Cup	22g



	26
Chicken Nuggets	24g
WG Roll	12g
Broccoli	8g
Applesauce	17g

	27
WG Pizza Slice	23g
Mixed Green Salad	4g
Apple	18g

	28
Chicken Burrito with WG Tortilla	25g
Corn	19g
Mixed Fruit Cup	26g



Menu reflects: Carb counts listed in **ORANGE**. **HALAL** or **KOSHER** only.
Fresh Carrots are offered **DAILY**
 Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g

USDA is an equal opportunity provider, employer, and lender.
 Menu is subject to change based on food availability or unforeseen school closures.

Fig's Café & Catering Services
 Contact: Melissa Bryant 614.747.0196